

Day 1

Circular Track

10:00	U14G 1200m	3	Heats
10:30	U14B 1200m	3	Heats
11:00	U16G 800m	5	Heats
11:25	U16B 800m	4	Heats
11:45	U18W 800m	2	Heats
11:55	U18M 800m	3	Heats
12:10	U20W 800m		Final
12:20	U20M 800m	2	Heats
Lunch			
13:30	U16G 300m	5	Heats
13:55	U16B 300m	3	Heats
14:10	U16G 1500m	3	Heats
14:40	U16B 1500m	4	Heats
15:20	U18W 1500m	2	Heats
15:40	U18M 1500m	2	Heats
16:00	U20W 1500m		Final
16:10	U20M 1500m		Final
16:20	U18W 400m	5	Heats
16:45	U18M 400m	4	Heats
17:05	U20W 400m	2	Heats
17:15	U20M 400m	3	Heats
17:30	U16G 300m	3	S/F

Straight Track

10:00	U20M 60m Hurdles		Final
10:05	U18M 60m Hurdles	2	Heats
10:15	U16B 60m Hurdles	2	Heats
10:25	U20W 60m Hurdles		Final
10:30	U18W 60m Hurdles	3	Heats
10:45	U16G 60m Hurdles	3	Heats
11:00	U20M 60m	2	Heats
11:08	U18M 60m	6	Heats
11:32	U16B 60m	5	Heats
11:52	U14B 60m	3	Heats
12:04	U20W 60m	2	Heats
12:12	U18W 60m	5	Heats
12:32	U16G 60m	8	Heats
13:04	U14G 60m	7	Heats
13:32	Para 60m		Race 1
Lunch			
14:30	U18M 60m Hurdles		Final
14:35	U16B 60m Hurdles		Final
14:40	U18W 60m Hurdles		Final
14:45	U16G 60m Hurdles		Final
14:50	U18M 60m	3	S/F
15:02	U16B 60m	3	S/F
15:14	U18W 60m	3	S/F
15:26	U16G 60m	3	S/F
15:38	U14G 60m	3	S/F
15:50	Para 60m		Race 2
15:55	U20M 60m		Final
16:00	U14B 60m		Final
16:05	U20W 60m		Final
16:10	U18M 60m		Final
16:15	U16B 60m		Final
16:20	U18W 60m		Final
16:25	U16G 60m		Final
16:30	U14G 60m		Final

Field Events

10:00	U16B Long Jump
10:00	U14B & Para Shot Put
10:30	U18 & U20 M/W Pole Vault
12:00	U16G Long Jump
12:00	U14G Shot Put
13:00	U18/20W High Jump
14:00	U18/20M Triple Jump
15:00	U18/20M High Jump
16:00	U18/20W Triple Jump

Day 2

Circular Track

10:00	U16G 200m	8	Heats
10:30	U18W 200m	8	Heats
11:00	U20W 200m	2	Heats
11:08	U16B 200m	5	Heats
11:28	U18M 200m	6	Heats
11:52	U20M 200m	3	Heats
12:04	U18/20W 3000m		Final
12:24	U18M 3000m		Final
12:44	U20M 3000m		Final
Lunch			
14:00	U18W 400m	3	S/F
14:15	U20W 400m		Final
14:20	U18M 400m	2	S/F
14:30	U20M 400m		Final
14:40	U16G 300m		Final
14:45	U16B 300m		Final
14:50	U16G 1500m		Final
15:00	U18W 1500m		Final
15:10	U16B 1500m		Final
15:20	U18M 1500m		Final
15:30	U14G 1200m		Final
15:40	U14B 1200m		Final
15:50	U16G 200m	3	S/F
16:02	U18W 200m	3	S/F
16:14	U20W 200m		Final
16:18	U16B 200m	3	S/F
16:30	U18M 200m	3	S/F
16:42	U20M 200m		Final
16:48	U16G 800m		Final
16:50	U18W 800m		Final
16:56	U16B 800m		Final
17:01	U18M 800m		Final
17:06	U20M 800m		Final
17:11	U18W 400m		Final
17:16	U18M 400m		Final
17:21	U16G 200m		Final
17:26	U18W 200m		Final
17:31	U16B 200m		Final
17:35	U18M 200m		Final

Field Events

10:00	U16B High Jump
10:00	U16G Shot Put
10:00	U18/20M Long Jump
12:00	U16B Shot Put
12:00	U18/20W Long Jump
12:30	U16G High Jump
13:30	U18/20W Shot Put
14:00	U14G Long Jump
15:00	U18/20M Shot Put
16:00	U14B Long Jump